

# Your Employee Assistance Program (EAP)

Everyone runs into rough patches – problems with relationships, stress, depression, substance abuse, and financial and legal concerns. But these problems make a significant impact to you and your family. Your *St. Luke's Penn Foundation* EAP program can help you overcome these issues before they interfere with your home and work life.

## WHAT IS AN EAP?

An employee assistance program is a benefit provided to you at no cost from Lacher that offers services to help you deal with personal problems. You and your loved ones can get PROFESSIONAL and CONFIDENTIAL counseling through the *EAP* program to improve the quality of life for both you and your family.

## HOW CAN ST. LUKE'S PENN FOUNDATION'S EAP PROGRAM HELP? WHO'S ELIGIBLE:

Team members and immediate household family members who are 16 (Children ages 12 to 15 are eligible to participate in group family sessions) and older.

### WORK/LIFE SERVICES:

Confidential, professional counseling for:

- Stress-Related Problems
- Financial Problems
- Legal Problems
- Depression
- Marital/Relationship
- Children/Adolescents
- Parenting
- Family/Life Transitions
- Grief and Loss
- Alcohol and/or Drug Abuse

### ACCESS:

- 24/7 crisis telephone intervention service by Masters level counselors
- Up to 10 free counseling sessions per team member household per year
- Quarterly Health Sentry newsletter

### LEGAL BENEFITS PLAN:

Reduced flat fees for:

- Will Development
- Powers of Attorney
- Living Wills

Lacher is committed to the health and well-being of our team members and their families. If you are struggling with a personal issue, our EAP program can help you tackle issues before they become more serious and difficult to manage. All inquiries are confidential.

To learn more about St. Luke's Penn Foundation's Employee Assistance Program visit [www.pfeap.org](http://www.pfeap.org) or call 215.257.6556 or email [pennfoundationeap@sluhn.org](mailto:pennfoundationeap@sluhn.org).



# LACHER

### Services for Lacher & Associates



10 Face-to-Face\* or  
Telehealth Counseling  
Sessions for Employees  
or Household Members



Up to 2 Face-to-Face\*  
or Telehealth Psychiatrist  
Sessions for Adults



Live Person to Answer  
Phone Calls During EAP  
Business Hours



Multiple Office Locations  
Sellersville, North Wales &  
Bethlehem



Individual, Couples, Family,  
and Child/Adolescent  
Counseling



Drug and Alcohol  
Counseling



Counseling for Work  
Related Issues



Online Mind-Body Practices



24/7 Access to St. Luke's  
Penn Foundation  
Crisis Worker



Online Resources at  
PennFoundation.org



Legal Services -  
Free Phone Consultation  
and Discounted Fees



Contract Renewal  
January 1st

*\*Available at one of our office locations*

*\*\*Available at Sellersville location only*

Phone number 215-257-6556

[www.pfeap.org](http://www.pfeap.org)

